**Scoil Ghormáin Naofa Plan of Work for P.E 2020-2021**

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| **September to October** | **November to December** | **January to March** | **April to June** |  |
| **Games** **throwing & catching*** Run Around Europe
* Scooter Day
 | **Dance** **skipping*** Climb the Heights
* Scooter Day
 | **Dance side stepping*** Ceilí Mór
* Scooter Day
 | **Active School Week** (Date TBC) |  |
| **Gymnastics balancing/landing****Skipping on the yard all year** | **Athletics** **hopping** | **Games** **dodging**  | **Outdoor and Adventure** **jumping** **for distance** |  |
| **Aquatics** 3rd/4th 6 weeks **jumping for distance** | **Outdoor and Adventure** * Maths week- trials
 |  | **Gymnastics** **balancing/landing** |  |
| **Aquatics** rest of school: Land Paws to be taught at the discretion of the class teacher |  |  | **Athletics**  **jumping for height**  |  |

Fundamental Movement Skills shown in **BLUE**, **PURPLE and ORANGE** beside strand