**Scoil Ghormáin Naofa Plan of Work for P.E 2020-2021**

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| **September to October** | **November to December** | **January to March** | **April to June** |  |
| **Games** **throwing & catching**   * Run Around Europe * Scooter Day | **Dance** **skipping**   * Climb the Heights * Scooter Day | **Dance side stepping**   * Ceilí Mór * Scooter Day | **Active School Week**  (Date TBC) |  |
| **Gymnastics balancing/landing**  **Skipping on the yard all year** | **Athletics**  **hopping** | **Games**  **dodging** | **Outdoor and Adventure**  **jumping** **for distance** |  |
| **Aquatics** 3rd/4th 6 weeks **jumping for distance** | **Outdoor and Adventure**   * Maths week- trials |  | **Gymnastics**  **balancing/landing** |  |
| **Aquatics** rest of school: Land Paws to be taught at the discretion of the class teacher |  |  | **Athletics**  **jumping for height** |  |

Fundamental Movement Skills shown in **BLUE**, **PURPLE and ORANGE** beside strand