**GOLDEN RULES Online Safety**

**Take time to discover how your children spend their time online and let them show you how they communicate with their friends;**

• Teach them to safeguard their privacy online by:

- Creating safe profiles with enabled privacy settings

- Protecting their passwords

- Only contacting and replying to people they know offline

- Always asking for parental consent before uploading pictures of themselves or of your family, house, their school etc.

- Only share personal information such as their phone number, address, school, sports team etc. with people they know well in real life;

• Place the home computer in a family room so you can monitor their online activities;

• Together, make sure you know:

- How to refuse contacts or block persons from a contact list

- The security and reporting functions that are available on the websites you use

• Build trust by reassuring your children that they can talk to you about their mistakes so you can look for solutions together!

Mistakes are part of learning.

 (Parental Guide. Office for Online Safety)